

The Game of CLUE: Solving the Mystery of Vaccine Hesitancy Serese Marotta, Deputy Chief Executive Officer

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- Serese Marotta, faculty for this CE activity, has no relevant financial relationship(s) with ineligible companies to disclose.
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- <u>The Arizona Alliance for Community Health Centers</u> is accredited by the Arizona Medical Association to provide medical education for physicians.
- <u>The Arizona Alliance for Community Health Centers</u> designated the 2025 Arizona Immunization Conference educational activity for a maximum of 11 hours AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.
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Learning Objectives



Identify key factors that influence vaccine hesitancy



Discuss the role of trusted messengers and community-based organizations in vaccine education



Describe strategies that can be used to improve vaccine confidence and access

VACCINATE YOUR FAMILY

Protecting people of all ages from vaccine-preventable diseases

Vaccinate Your Family is at the Center of the Vaccine Ecosystem



Setting the Stage: Characters/Players (WHO?)

- The Misinformed People who believe misinformation about vaccines.
- The Fearful People who are concerned about vaccine safety, effectiveness, side effects, etc.
- The Distrustful People who don't trust the systems and people who are making, recommending, and/or administering vaccines.
- The Objectors People who refuse vaccines based on religious and/or philosophical beliefs.
- The Influencers (aka Trusted Messengers) People who influence the vaccination behavior of others (either positively or negatively).
- The "Moveable Middle" People who don't routinely vaccinate or are selective about vaccination for a variety of reasons, but who may be open to routine immunizations if we can empower them with the right information and/or facilitate access to vaccination services.

Setting the Stage: Locations/Settings (WHERE?)

- Doctor's Office, Clinics
- Social Media
- Community Events
- Family Gatherings
- Media Outlets
- Schools
- Work



Setting the Stage: Weapons/Instruments (WHAT?)

- Misinformation
- Disinformation
- Historical Distrust, Systemic Racism
- Spheres of Influence
- Social Norming/Peer Pressure
- Limited Vaccine/Science Knowledge
- Social Determinants of Health, etc.



Learning Objective #1



Identify key factors that influence vaccine hesitancy

Vaccine Confidence vs. Vaccine Hesitancy



Vaccine confidence is a spectrum, not a light switch.



... And a lot of things go into making a vaccine decision.



ATTITUDES,

COGNITIVE BIASES



TRUST, SOCIAL NORMS, BELIEFS, EXPERIENCES, FEARS



MORAL VALUES, IDEOLOGY, IDENTITY, WORLDVIEW

Graphics Source: UNICEF, Vaccine Misinformation Management Field Guide, https://www.unicef.org/mena/media/10591/file/VACCINE+MISINFORMATION+FIELD+GUIDE eng.pdf%20.pdf

WHO SAGE 3-C Model



Source: WHO Strategic Advisory Group of Experts on Immunization.

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https://www.asset-scienceinsociety.eu/sites/default/files/sage_working_group_revised_report_vaccine_hesitancy.pdf

Learning Objective #2



Discuss the role of trusted messengers and community-based organizations in vaccine education

The Role of Trusted Messengers



What Determines Trust?



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Source: WHO, https://www.who.int/europe/publications/i/item/WHO-EURO-2017-2908-42666-59448

Trusted Sources of Information

Republicans have become more likely to trust information from social media sites in recent years

% who say they have a lot of/some trust in the information that comes from _____, by party



2024 Pew Research Center Survey

Adults under 30 nearly as likely to trust information from social media as from national news outlets

% who say they have **a lot of/some trust** in the information that comes from _____, by age



Source:

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https://www.pewresearch.org/short-reads/2024/10/16/republicans-young-adults-now-nearly-as-likely-to-trust-info-

Trusted Messenger Ecosystem: Health & Wellness



Source: https://www.adcouncil.org/learn-with-us/ad-council-research-institute/2022-trusted-messengers-study

Who Can Be a Trusted Messenger?



Healthcare Providers & Scientists

Community Health Workers

Family Members & Friends

ANYONE can be a trusted messenger...

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Learning Objective #3



Describe strategies that can be used to improve vaccine confidence and access

Coupling Vaccine Education & Access with Community Work



Educational Opportunities & Interventions



- □ History of Vaccination
- Vaccines 101
- □ How to Debunk Online Misinformation
- □ How to Talk with People About Vaccines
- Barriers to Vaccination

https://vaccinate.thinkific.com/



Vaccine Conversations

The CASE Approach

<u>C</u>orroborate

Acknowledge concerns and find common ground

<u>About Me</u>

Share what you've done to educate yourself on the topic

Science

Describe what the science says about the specific concern

<u>Explain/Advise</u>

Explain what you would do or recommend, based on the science

Autism Science Foundation, https://njaap.org/uploadfiles/documents/f73.pdf



Scenario: "I never get a flu shot because I heard it can give you the flu."



I've heard a lot of people say that, too. I always thought flu was just a bad cold. And I understand that getting sick is no fun and could require people to take time off from work or school. Would it be OK with you if I shared a little about what I've learned related to annual flu vaccination?



As a scientist and someone who works in the public health field, I've learned a lot about why we need a flu vaccine every year. Personally, I lost my healthy five-year-old son to flu in 2009 and since then, I've come to realize that flu can be dangerous, even for healthy children and adults.



I've learned that when we receive any vaccine, including a flu shot, we may have some common side effects such as headache, pain at the injection site, and may feel mildly sick because our immune systems are starting to kick into gear to defend us against future infections. These symptoms are not as bad as an actual infection. And many studies have shown that flu vaccines are effective at preventing severe outcomes like hospitalization and death in children and adults.



I get vaccinated every year to protect myself, my family, and my community. Before COVID-19, flu was the deadliest vaccine-preventable disease here in the U.S and sadly, I've met a lot of people, including parents, who've lost loved ones to flu. By sharing my experience and what I've learned, I hope that I can help prevent others from having a similar experience. If you'd like, I can point you towards some websites where you can find more information about flu vaccines if it's helpful.

The Role of Storytelling



Emotional storytelling can be powerful.







Thank you!

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