

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	7.6 (6.2-9.2)	1,448	10.2 (5.9-17.0)	217			●
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	17.1 (14.9-19.6)	1,439	26.1 (19.3-34.3)	216		●	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.9 (3.3-7.1)	726	12.9 (7.1-22.2)	94		●	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	41.7 (34.2-49.6)	748	46.5 (34.6-58.9)	98			●
QN12: Percentage of students who carried a weapon (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	15.4 (13.3-17.7)	1,440	23.9 (18.8-29.9)	214		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.7 (2.0-3.7)	1,431	10.2 (6.4-15.9)	213		●	
QN14: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	6.2 (4.8-7.9)	1,450	8.2 (4.8-13.7)	218			●
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	13.2 (10.1-17.2)	1,449	22.1 (16.7-28.6)	216		●	
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	5.9 (4.7-7.3)	1,437	10.2 (5.7-17.8)	214			●
QN17: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	22.9 (20.1-25.9)	1,448	29.8 (24.7-35.4)	217		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	6.2 (5.0-7.6)	1,439	20.6 (15.1-27.5)	213		●	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey)	9.5 (7.4-12.1)	1,413	22.3 (16.4-29.7)	209		●	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.8 (4.7-9.7)	819	19.4 (12.0-29.7)	133		●	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.1 (4.8-7.7)	848	17.5 (11.5-25.8)	139		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	15.8 (13.6-18.2)	1,447	37.6 (31.8-43.8)	216		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.1 (9.9-12.5)	1,428	28.1 (21.0-36.6)	211		●	
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	36.6 (33.8-39.5)	1,432	66.4 (58.6-73.4)	211		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	16.6 (14.6-18.8)	1,444	48.2 (38.6-57.8)	211		●	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	11.9 (9.6-14.5)	1,442	39.7 (32.6-47.2)	212		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona High School Survey  
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	7.5 (6.2-9.1)	1,209	25.3 (18.2-34.0)	192		●	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.8 (1.9-4.2)	1,215	9.6 (6.3-14.2)	191		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona High School Survey  
Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	23.6 (20.0-27.6)	1,382	29.8 (22.9-37.7)	204			●
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	7.4 (5.7-9.4)	1,390	8.2 (5.2-12.6)	209			●
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	4.0 (2.9-5.5)	1,410	12.2 (8.0-18.2)	206		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.4 (0.2-0.8)	1,410	1.7 (0.5-5.1)	206			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.2 (0.1-0.8)	1,410	1.3 (0.4-4.7)	206			●
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	3.1 (0.6-14.2)	52	-	24			

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	48.4 (42.9-54.0)	1,429	53.0 (46.0-59.9)	210			●
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	17.2 (12.4-23.4)	1,162	20.2 (14.4-27.5)	172			●
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	7.7 (4.1-14.1)	1,162	4.3 (1.8-9.9)	172			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	5.3 (2.7-10.0)	1,162	4.3 (1.8-9.9)	172			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	17.9 (7.6-36.6)	137	-	27			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.8 (1.2-2.6)	1,433	4.0 (2.2-7.2)	213		●	
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	4.0 (2.6-6.1)	1,431	7.8 (4.8-12.4)	214			●
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	6.1 (4.5-8.3)	1,404	14.6 (9.5-21.7)	209		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).



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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	6.8 (5.1-9.0)	1,397	15.8 (10.9-22.4)	208		●	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	19.6 (15.0-25.2)	1,151	23.6 (17.2-31.4)	175			●
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	18.4 (13.7-24.3)	1,153	22.4 (16.2-30.2)	173			●
QN39: Percentage of students who did not try to quit using all tobacco products (including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	50.2 (42.2-58.2)	275	62.6 (52.3-71.9)	55			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	15.3 (12.4-18.8)	1,400	26.1 (19.8-33.6)	210		●	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	26.5 (21.4-32.3)	1,329	36.8 (30.7-43.3)	188		●	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	14.3 (10.4-19.4)	1,429	20.0 (14.5-26.9)	206			●
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	43.0 (35.1-51.2)	321	30.7 (22.0-41.0)	64	●		
QN46: Percentage of students who tried marijuana for the first time before age 13 years	7.3 (6.0-8.9)	1,437	12.4 (8.4-17.9)	212		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	24.2 (19.1-30.1)	1,443	40.5 (33.0-48.4)	215		●	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	15.3 (13.7-17.2)	1,448	29.0 (23.1-35.6)	218		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	4.4 (3.2-6.1)	1,435	8.7 (5.2-14.2)	213			●
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	5.9 (4.7-7.4)	1,449	15.6 (10.4-22.8)	218		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.0 (0.6-1.7)	1,446	5.9 (3.4-10.0)	218		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.3 (0.8-2.1)	1,439	6.3 (3.7-10.6)	217		●	
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	3.4 (2.4-4.7)	1,448	11.3 (7.7-16.1)	218		●	
QN55: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	2.1 (1.5-3.0)	1,443	11.0 (6.2-18.7)	217		●	
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	27.5 (23.3-32.1)	1,445	34.0 (27.9-40.6)	215			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	34.0 (29.8-38.4)	1,315	42.8 (34.5-51.6)	190		●	
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	1.7 (1.2-2.6)	1,317	5.8 (2.8-11.3)	192			●
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	7.3 (6.0-9.0)	1,312	11.5 (5.5-22.3)	192			●
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	23.9 (20.1-28.2)	1,307	29.1 (21.2-38.4)	191			●
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.2 (16.5-24.6)	293	36.2 (21.2-54.3)	55			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	46.9 (37.0-57.1)	282	57.9 (46.5-68.4)	53			●
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	76.1 (69.3-81.9)	280	80.4 (66.2-89.5)	49			●
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	93.2 (88.7-96.0)	280	97.9 (84.1-99.8)	49			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	65.8 (58.5-72.4)	280	71.2 (53.6-84.1)	49			●
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	89.0 (85.0-92.1)	277	96.4 (76.3-99.6)	49			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Arizona High School Survey  
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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	15.1 (9.5-23.2)	280	20.7 (9.6-38.9)	49			●
QN85: Percentage of students who were not tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	91.1 (89.3-92.6)	1,410	90.4 (84.0-94.4)	209			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	12.7 (10.1-15.7)	1,382	16.3 (11.2-23.2)	194			●
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>‡</sup>	16.7 (14.8-18.8)	1,382	17.3 (12.1-24.1)	194			●
QN67: Percentage of students who described themselves as slightly or very overweight	32.5 (29.2-36.0)	1,441	37.6 (30.5-45.3)	217			●
QN68: Percentage of students who were not trying to lose weight	52.0 (48.5-55.4)	1,440	40.9 (30.6-52.1)	214	●		
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	37.0 (34.3-39.7)	1,442	44.8 (33.7-56.4)	216			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.



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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	12.8 (10.7-15.2)	1,437	18.6 (13.2-25.4)	216			●
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	6.4 (5.0-8.2)	1,437	10.3 (5.8-17.5)	216			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	44.8 (41.5-48.2)	1,416	49.3 (40.3-58.4)	210			●
QN72: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	40.6 (37.4-43.9)	1,433	38.5 (31.2-46.4)	217			●
QN73: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	51.7 (49.0-54.4)	1,435	52.5 (47.2-57.7)	216			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	20.5 (17.8-23.4)	1,431	19.9 (13.8-27.7)	216			●
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	8.6 (7.1-10.3)	1,400	7.4 (4.3-12.7)	209			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	14.0 (11.6-16.7)	1,435	13.4 (9.9-18.1)	216			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	8.2 (6.5-10.4)	1,435	8.3 (5.3-12.6)	216			●
QN76: Percentage of students who did not drink milk (during the 7 days before the survey)	33.9 (30.5-37.5)	1,429	41.9 (35.6-48.4)	215		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona High School Survey  
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	19.0 (17.1-21.0)	1,423	24.5 (18.6-31.6)	212			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	73.0 (69.9-76.0)	1,423	84.5 (77.5-89.6)	212		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	51.8 (47.7-55.8)	1,432	63.0 (55.6-69.8)	213		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	15.8 (13.5-18.4)	1,432	25.6 (20.0-32.1)	213		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.6 (74.0-79.0)	1,432	85.5 (80.2-89.5)	213		●	
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	18.0 (15.4-21.0)	1,428	25.4 (20.4-31.1)	211		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	43.7 (40.6-46.8)	1,423	54.3 (48.0-60.4)	210		●	
QN81: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	52.9 (45.3-60.3)	1,423	62.5 (53.4-70.8)	208		●	
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	65.6 (58.3-72.2)	1,423	76.2 (66.3-83.9)	208		●	
QN82: Percentage of students who did not play on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)	49.7 (46.1-53.2)	1,417	61.6 (52.4-70.0)	210		●	
QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	15.2 (13.2-17.4)	1,414	16.9 (12.1-23.0)	209			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona High School Survey  
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	78.2 (75.3-80.9)	1,406	82.1 (76.7-86.4)	207			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

Other  Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	87.9 (85.7-89.8)	1,421	82.8 (77.6-86.9)	209		●	
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	25.6 (22.9-28.4)	1,410	32.2 (26.9-38.0)	211		●	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.3 (0.8-2.1)	1,410	2.6 (1.0-6.5)	211			●
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	24.6 (21.8-27.6)	1,398	31.3 (24.2-39.5)	202			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	30.4 (26.4-34.8)	1,398	34.6 (27.5-42.5)	208			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who sometimes, rarely, or never feel safe and secure at school	26.9 (23.5-30.6)	1,447	39.0 (32.2-46.1)	218		●	
QN91: Percentage of students who bullied someone on school property (during the 12 months before the survey)	7.2 (5.5-9.4)	1,448	10.9 (7.4-15.8)	215			●
QN92: Percentage of students who electronically bullied someone (counting bullying through texting, Instagram, Facebook, or other social media, during the 12 months before the survey)	7.2 (6.0-8.7)	1,445	12.7 (10.5-15.4)	214		●	
QN93: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	16.5 (14.2-19.1)	1,443	46.3 (36.0-56.9)	211		●	
QN94: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the 7 days before the survey)	25.9 (22.5-29.6)	1,445	45.1 (37.4-53.1)	217		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN95: Percentage of students who described the rule about smoking cigarettes inside the home where they live as always allowed inside their home or allowed only at some times or in some places inside their home	6.5 (5.2-8.0)	1,444	15.0 (9.0-23.9)	213		●	
QN96: Percentage of students who currently used methamphetamines (also called “speed,” “crystal meth,” “crank,” “ice,” or “meth,” one or more times during the 30 days before the survey)	1.2 (0.8-2.0)	1,448	5.5 (2.9-10.3)	217		●	
QN97: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)	18.7 (15.3-22.8)	1,441	28.1 (22.7-34.3)	217		●	
QN98: Percentage of students who reported their parents or other adults in their family have not ever talked with them about what they expect them to do or not to do when it comes to sex or who were not sure if their parents or other adults had ever talked with them	38.1 (35.0-41.3)	1,442	46.4 (38.5-54.6)	210		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN100: Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; smoking cigarettes; or skipping meals (during the 30 days before the survey)	20.1 (17.9-22.5)	1,430	36.6 (28.7-45.3)	212		●	
QN101: Percentage of students who did not see a doctor or nurse (for a check-up or physical exam when they were not sick or injured during the 12 months before the survey)	34.9 (32.0-38.0)	1,415	50.1 (40.6-59.6)	211		●	
QN102: Percentage of students who did not go to school because they were sick or in pain (at least one day during the 30 days before the survey)	52.9 (50.4-55.4)	1,409	67.4 (60.9-73.3)	205		●	
QN103: Percentage of students who have physical disabilities or long-term health problems (meaning 6 months or more)	12.0 (10.3-14.1)	1,405	21.5 (16.6-27.4)	203		●	
QN104: Percentage of students who have long-term emotional problems or learning disabilities (meaning 6 months or more)	16.7 (14.3-19.4)	1,403	39.5 (31.6-48.0)	203		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona High School Survey  
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN105: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	2.9 (2.0-4.1)	1,415	5.7 (3.5-9.2)	207		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.